

Ketogenic Diet: Free Ketogenic Weight Loss Cook Book & Recipes, Paleo Recipes For Weight Loss (Healthy Eating, Low Carb Diet, Paleo 1)

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✓ Verified Book of Ketogenic Diet: Free Ketogenic Weight Loss Cook Book & Recipes, Paleo Recipes For Weight Loss (Healthy Eating, Low Carb Diet, Paleo 1)

Summary:

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Download this FREE Ketogenic Diet Book Today!

In this book you'll find 34 delicious Ketogenic & Paleo recipes. Try these amazing foods as you progress through your fitness journey.

Whether you're looking for a quick snack or a good meal, this free recipe book has you covered! Most of the recipes in this book can be made in 15 minutes or less with very simple and quick preparation times!

Here is a snippet of recipes you'll find inside this free book: (The book contains 34 free recipes in total)

Fluffy French Toast
Apple, and Beet Salad
Low Carb Omelet Muffins
Buffalo Chicken Stuffed Mushrooms (Low-Carb)
Paleo Taco Salad
Broad Bean, Lemon & Feta salad
Caesar Salad Spears
Simple yet tasty Cucumber tomato carrot salad
Cucumber, Tomato, Lettuce Egg Salad
Cabbage on the Grill
Simple Lemon Herb Chicken
Paleo Tunamole
Paleo Salmon Burgers
Loaded Cauliflower
Slow Cooker Cranberry Pork
Cold Ramen Tuna Salad
Chicken Yummy Pesto Salad
Spanish omelet
Mexican spicy delight
Capsicum Egg Frittata
Brussels Sprouts in Coconut gravy
Egg Salad

...and much more!

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